



# Woolmore Primary School

# NEWSLETTER

## October 2015

### DO WE HAVE HEALTHY PUPILS AT WOOLMORE?

Dear Parents,

We recently received some quite worrying information about the general health of children in Tower Hamlets and at Woolmore School. It shows us that there is a lot of work for us all to do in developing healthy lifestyles with a balanced diet and lots of exercise.

At Woolmore we now have a full time sports coach from Badu Sports and all the children receive at least 2 hours of PE a week. We have a large playground with a running track and MUGA which means that children are active at break times.

As parents I would like you to have a serious think about what you can do to ensure your children grow up to be strong and healthy. I am going to make 2 suggestions:

1. Instead of meeting your child with a bag or crisps or a doughnut at the end of the day, try offering a banana, some grapes or an apple – so much healthier.
2. Please take your child out to the park, walking, swimming, dancing, skateboarding, cycling – anything that gives them some exercise.

It is really important that we help our children develop healthy habits for now and in the future. I hope you agree.

Ms Argent

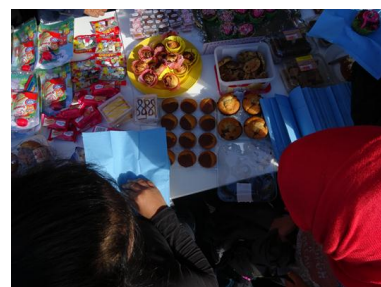
### BLACK HISTORY CELEBRATION



We held a celebration of Black History month on Monday 12<sup>th</sup> October. We had a whole school assembly and a guest visitor, Kwame Bakoji-Hume, came in to hold Djembe workshops with the pupils. The workshops tied in with topics that were being taught in classes.

The children learned how to play African drums and Kwame shared with the pupils a little about his home country, Ghana in West Africa. The children had a wonderful day playing on the drums and experiencing a different genre of music.

### £1500 RAISED FOR CHARITY!



On Friday 18<sup>th</sup> September we held a charity day to raise money for the Syrian Refugees.

Staff and pupils made donations for wearing their own clothes as well as bringing in gifts and cakes and cookies (see photo above) for the table top sale we held after school.

Thanks to some very generous donations from some families and staff members we raised a total of £1500. The money will be donated to the charity Médecins Sans Frontières (Doctors Without Borders).

Thank you to everyone for all of your support and contributions.

### GROWTH MINDSET

On Friday 9<sup>th</sup> October we had a training day where all teaching staff found out about 'Growth Mindset'. People with a growth mindset embrace challenges, work hard and are not afraid to make mistakes. As teachers we reinforce this approach every day. Later on this year we will be running a growth mindset workshop for parents. Please let us know if you are interested in this.

BE MORE ♦ DO MORE ♦ WOOLMORE



### MATHS WEEK

This week at Woolmore is Maths Week. We will be running a few competitions and pupils will be completing tasks on Mathletics. A prize will be given to the pupil with the highest score on Mathletics in each Key Stage. There is also the chance for families to get involved with the chocolate code-cracking activity that pupils will be taking home. Workshops will also be running for problem solving at school during the week.

## ● DATES FOR YOUR DIARY

**Monday 26<sup>th</sup> – Friday 30<sup>th</sup> October**  
Half term holidays – school closed

**Monday 2<sup>nd</sup> November**  
Pupils back at school

● **Tuesday 10<sup>th</sup> November**  
**Parent workshop**  
**9:00am – 11:30am**  
Discussion group: Managing Fighting and Aggression

**Friday 18<sup>th</sup> December**  
Break up for the Christmas holidays at 2:30pm

## SCHOOL PLAYGROUND



We are delighted that we now have a very large playground. The Multi Use Games Area (MUGA) is used for team sports during P.E. and break times. A King Ball grid, hopscotch, 100 square and a 50 metre running track have all been added to the playground so children can enjoy healthy exercise. In addition there is a quiet area with benches which is open for the children to use to relax during break and lunchtimes. Look out for a keep fit trail arriving soon...

## THE WOOLMORE WEBSITE

Please check the school website regularly to find out information, news and calendar updates. Every week the winners of attendance trophies are posted so keep an eye out to see if your child's class has the top attendance. Also have a look at the class blogs to see what your child's class topic for the term is, in addition to news and stories on any class trips they have gone on.

[www.woolmore.towerhamlets.sch.uk](http://www.woolmore.towerhamlets.sch.uk)

## SCHOOL UNIFORM SHOP

This is to let you know that, as the school expands, we are planning to outsource school uniform purchasing to a school uniform shop. A letter will follow after half term to let you know the details.

## OUR SCHOOL COUNCIL



The Woolmore School Council meet every 2 weeks with Monica, and the alternative weeks are used for the councillors to take their class councils. This way we ensure that we include pupil views and move forward with plans for improvement. This week in School Council, we discussed the views brought forward through class councils about lunchtimes. We have been focusing on lunchtimes and the new playground this half term. We have been working on the menu, the new equipment to play outside with, the MUGA and lastly generally about how we can make our playtimes more enjoyable.

Next half term we will be working on anti-bullying as this coincides with the national anti-bullying week in mid-November. This first task is for the School Council to do a pupil survey whether children think there is any bullying at school. From that starting point we will be able to plan what is needed to make sure everyone feels safe and valued at school.