

Woolmore Primary School

NEWSLETTER

Anti-Bullying Week

November 2024



Dear Families,

This week, Woolmore Primary School is participating in **Anti-Bullying Week**, with the theme "**Choose Respect**." This is an important opportunity for us to reflect on how we continue to ensure we have a positive, respectful environment for everyone.

Why "Choose Respect"?

At Woolmore, respect is at the heart of everything we do. **Choosing respect** means treating everyone with kindness, celebrating differences, and standing up for others. It's about making our school a safe place where everyone feels valued



Activities and Events

- **Assemblies:** Each year group will have a special assembly to introduce the theme of "**Choose Respect**", exploring how we can show kindness and respect in all our interactions.
- **Positive Noticing Day** (Wednesday, 13th November): On this day, we will encourage students to actively **notice** and **celebrate** the positive actions of their friends.
- **Year 5 & 6 Anti-Bullying Ambassadors:** On Thursday some of our Y5 and Y6 students will attend **Poplar Parliament Conference** at Langdon Park Secondary School, working with other schools to discuss how we can tackle bullying and promote respect across the community. They will also learn about becoming an Anti-bullying Ambassador.



How Parents Can Help

As parents and carers, your involvement plays an important role in reinforcing the messages of Anti-Bullying Week at home. Here are some suggestions:

- **Talk About Respect:** Discuss with your child what respect means, both at home and in school. Ask them about what they've learned this week and how they can show respect to others.
- **Model Positive Behaviour:** Children learn a great deal by observing the behaviour of adults. Show your child how to treat others with kindness, empathy and fairness.



- **Encourage Empathy:** Help your child understand the feelings of others and encourage them to be mindful of how their actions can affect someone else.
- **Report Concerns:** If you have any concerns about bullying, or if your child shares something with you, please contact us so we can address the situation promptly.



Here are some helpful links to Anti-Bullying resources for parents and carers

- **Anti-Bullying Alliance:** www.anti-bullyingalliance.org.uk
- **Childline:** www.childline.org.uk
- **NSPCC:** www.nspcc.org.uk
- **Positive noticing Day:** <https://www.positivenoticingday.com/>



THE POWER OF THE POSITIVE

Positive noticing is simple, practical and highly effective. It is an everyday relational strategy, any time, any place.

Catching children doing the right thing and marking it with positive acknowledgement is not just kindness, it teaches behaviour. You get more of the behaviour that you notice most.

The impact of positive noticing is both immediate and long-lasting. It helps build self-esteem and confidence in children and shifts the culture in the classroom so that the right behaviour is always the most sought-after behaviour.

This also works at home!

We are proud of our children and our community and the commitment they show to making Woolmore a safe and respectful school for all. Let's continue to **Choose Respect** and work together to make this message part of every day.

Look out for some photos on Woolmore Twitter this week.
Thank you for your continued support.

With best wishes,
Everyone in the Woolmore Team

PS. A reminder that Friday is **BBC Children in Need Charity Day** – that means own clothes, bringing £1 to help others and having lots of fun.
Thank you for supporting this too.

